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“Truth Has a Price”

Dr. Kathrine Grover’s ‘Nurse Blood’ Exposes Systemic Failures in Healthcare

Renowned for her unwavering integrity and fearless advocacy, Dr. Kathrine Grover delivers a powerful and confronting memoir, *Nurse Blood*. Set for release in February 2025, *Nurse Blood* is more than a memoir—it is a ***bold exposé of the hidden fractures in Australia’s healthcare system***, told from the frontline by a nurse and midwife of over 43 years.

In her career marked by care, compassion, and confrontation, Grover has faced challenges most could scarcely imagine—bullying, harassment, depression, PTSD, and the emotional toll of fighting for patient safety in the face of resistance. Her story, already explored in her interview with Ray Martin on 60 Minutes, serves as a sobering wake-up call: behind the public image of dedication lies a system often unwilling to confront its own failings.

“I am not a whistleblower,” Grover says. “I am a strong patient advocate who will protect those under my care from harm.”

In *Nurse Blood*, Grover lays bare the realities many healthcare professionals endure, from institutional silence around adverse patient outcomes to the steep personal price paid by those who speak out. Her commitment to truth and justice—values instilled by her upbringing—led to media scrutiny and professional roadblocks. Yet, as she states, she remains *“unrepentant.”*

This book will spark conversation, challenge perceptions, and demand accountability. It is a clarion call to policymakers, healthcare professionals, and the public alike to acknowledge the silent battles nurses fight daily and the urgently needed systemic changes.

Kathrine Grover’s *Nurse Blood* is not just her story; it is a legacy for those who have been silenced, a resource for future social science students, and a reminder that truth-telling can change lives—even at great cost.

Key Details:

- *Nurse Blood* by Kathrine Maree Grover
- Release Date: 1 February 2025
- Publisher: Bowerbird Publishing
- ISBN: 978 1 7636148 1 9
- Book trailer: [2024 Book Trailer: Nurse Blood by Kathrine Grover](#)

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Yours Sincerely,

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