

PRESS RELEASE

Gourmand Crowns "Flavours of Australia" Best Cookbook in Australia for Thirty Years

FOR IMMEDIATE RELEASE

Melbourne, Australia — 5 December 2025 — *Flavours of Australia*, the acclaimed cookbook celebrating the diversity and depth of Australia's food culture, has been honoured with the **Gourmand World Cookbook Award for "Best Cookbook in Australia for Thirty Years"**, chosen from winners spanning the past 30 years.

This prestigious recognition marks a significant milestone, cementing *Flavours of Australia* as a timeless representation of Australia's rich culinary landscape. The award celebrates excellence in food writing, design and storytelling, recognising books that not only inspire the palate but also preserve the spirit of a nation's cuisine.

The **Gourmand Awards**, often referred to as the "Oscars of the cookbook world," have celebrated outstanding culinary publications from over 200 countries since 1995. The *Best of the Best* distinction highlights books that have stood the test of time and have contributed significantly to global food culture.

The announcement was made at the Saudi Feast Food Festival, Riyadh, by Edouard Cointreau of the Gourmand Awards, who praised the work for its depth and cultural significance. *"My deepest admiration and congratulations to Jonette George for creating the defining tribute to Australian food culture. Coastlines, cities, remote landscapes, chefs, traditions, native ingredients... everything is here in your masterpiece, where your lifelong dedication to gardening, farming, writing, cooking, and sharing with others shines through every page. Thank you!"*

Created by **Jonette George**, publisher and creative director at **Sunday Press**, *Flavours of Australia* captures the heart of Australian food through breathtaking photography, heartfelt stories and authentic recipes that reflect the country's regional heritage and innovation. From coastal seafood traditions to outback-inspired dishes and multicultural influences, the book pays homage to the people and places that make Australian cuisine so distinctive.

Jonette said, "This award is such an honour—not just for our team, but for the incredible producers, chefs, and home cooks who shared their stories with us," said Jonette George. "*Flavours of Australia* was born out of a love for the land, the people, and the diverse tapestry of flavours that define our nation. To be recognised among the best of the best from three decades of Gourmand winners is truly humbling."

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About Sunday Press

Sunday Press is an independent Australian publisher dedicated to producing beautifully crafted books that celebrate food, culture and storytelling. Known for award-winning titles and authentic voices, Sunday Press champions stories that connect people to place and purpose.