



Media Release - Immediate Distribution - 10 December 2021

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Title: My Muscle Chef announces partnership with Rapid Test & Track

SYDNEY: Prominent meal delivery service My Muscle Chef has announced a partnership with innovative rapid antigen testing solution business Rapid Test & Track. This partnership delivers My Muscle Chef Rapid Test & Track's full service which monitors and screens employees for COVID-19 to prevent outbreaks.

Rapid Test & Track's system offers My Muscle Chef employees with a companion app which lets them know exactly when they must complete their rapid antigen test, along with 24/7 telehealth support which allows employees to speak to independent medical professionals to ensure that they are undergoing the test correctly.

Employees then scan the QR code on the test using the app, which uploads the data for My Muscle Chef management to see. If a positive reading is recorded, the employee is immediately taken off the roster for their next shifts and are required to undertake a PCR test.

According to My Muscle Chef CEO and Co-Founder, Tushar Menon, employing this system into their daily processes has been an important step of continuing to carry out their business goals without the threat of an outbreak putting a standstill on their operations.

"Whilst it's crucial for us to have business continuity in our kitchens and logistics facilities in order to produce and deliver our fresh, award winning ready meals to customers, everything starts with ensuring our employees' health and safety.

"The solution from Rapid Test & Track minimises My Muscle Chef employee health and safety risks from the COVID virus and helps us to ensure business continuity in the event a team member contracts or spreads it at our facilities.

"Rapid Test & Track has become an important part of our operations, and with the uncertainty around new strains of COVID it will be a valuable business partner to us into the future."

One of the biggest changes to workplaces because of the pandemic has been the shift to working from home, but for a brand like My Muscle Chef, in-person labour is required to facilitate their day-to-day practices.

For more information on Rapid Test & Track, visit rapidtestandtrack.com.au or contact:

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