

#### **MEDIA RELEASE**

23 August 2022

# The time for talk is over

Interim report shines light on medical transition need for veterans

### FOR IMMEDIATE RELEASE

[BRISBANE, AUSTRALIA – 23 AUGUST 2022] GO2 Health, the contemporary veteran's specialist medical centre, says the time for talk is over after the interim report into veteran suicide was recently released by the Royal Commission.

Co-owners of GO2 Health, Mr Rod Martin and ex-military General Practitioner Dr Kieran McCarthy, have made ongoing contributions to the Royal Commission throughout the inquiry by providing a proven solution with measurable results, <u>without</u> the need for additional funding.

Dr McCarthy says the solution is to focus the current funding into the integration of medical outcomes for veterans and their families, like the GO2 Health model, to prioritise medicine *first*.

"We said before, and we'll say it again, we don't need more money thrown at DVA, we just need the money spent differently; a change in delivery would *immediately* lower the risks facing veterans," Dr McCarthy said.

The clinic owners state the interim report uncovers that transitioning members are at a substantially higher risk of suicide due to the lack of alignment between transition and claims, the absence of medical support structures as well as the loss of community throughout the transition journey and beyond - all points GO2 Health has been successfully addressing, with measured outcomes, for veterans and their families since its inception over a decade ago.

GO2's co-founder Mr Rod Martin says the time for talk is over and the time to act is now, publicly inviting government to act.

"We call upon the Hon Matt Keogh MP, Minister for Veterans' Affairs, to act today so harm can be minimised to our veterans. We are the largest veteran clinic in the country and publicly invite you Minister Keogh to see firsthand our solution. We are calling on you to protect and serve our veterans as they have done for us," said Mr Martin.

Mr Martin says the success of GO2 Health in the veteran community is due to the integration of care of *all* support structures, with medicine at the heart of the transition











journey. By prioritising medicine first, veterans and their families, are better placed to access all the other support mechanisms available and necessary for a successful transition into a thriving civilian life.

"Our track record at GO2 Health shows what early intervention and community minded medicine can do. We're a private business who have forged the way for other public and private enterprises to rally together to support veterans and their families," Mr Martin said.

"We've built a community integrating the veteran and their family with medicine at the heart. This way veterans can access pathways we have built with our corporate partners including ACU, TAFE Queensland, and Rheinmettal, for tertiary education, vocational training and employment, and get the right support at the right time in the right frame of mind, creating better outcomes for all," Mr Martin said.

GO2 Health are publicly calling on all veteran support groups to galvanise on a solution so that risk is minimised to our veterans.

### **ENDS** –

### For further information and commentary

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#### **About GO2 Health**

Co-founded by 2 best mates and completely privately funded, GO2 Health has grown to be Australia's largest contemporary veteran care clinic, serving over 4,500+ contemporary veterans.

As a growing team of over 45 general practice doctors, nurses, medical specialists, and allied health practitioners all under one roof, we guide each veteran through their transition journey into a thriving civilian life.

We specialise in supporting current and former service men and women, emergency services personnel, police, and their families.







# profile

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We believe by forging ahead with inclusive veteran support that prioritises medical management *first*, we can REFORGE opportunities and potential for veterans, their families, our communities, and our country.



BUILDING COMMUNITY

Queensland State Winner 2022



## our clinic

#### **General Practice & Nursing**

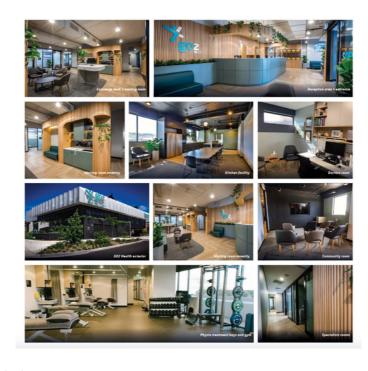
- 12 x GP rooms
- 4 x CVC offices
- 3 x Nursing beds
- 1 x Nursing office
- 1 x Procedure room (3 treatment bays)

#### **Medical Specialists**

- 4 x Specialist consulting rooms
- 1 x Pathology clinic

#### **Allied Health**

- 1 x Dietician room
- 2 x Multi-purpose spaces
- 5 x Psychologist rooms
- 2 x Private physio rooms
- 5 x Physio treatment beds
- 2 x EP work stations
- 1 x Community space
- 1 x Pilates Studio with 4 reformer beds









**Medical specialists** 



Skin cancer clinic



Physiotherapy



**Exercise physiology** 



Psychology



Acupuncture + TCM



Dietetics + nutrition



Naturopathy



Clinical reformer pilates



Hydrotherapy



Remedial massage



**CASA** aviation medicals



**Diving medicals** 



# our reforge brand

As Australia's largest veteran care provider, we wanted to use our platform and our trusted voice to be a vehicle of much needed change.



We wanted to break down the 'broken veteran' stigma and create a brand and identity that veterans can connect and identify with. To create a movement of REFORGING their identities, their place in community, their relationships, connections, and resilience, in a way that helps them to re-connect with their identities when they were in service.



REFORGE is specifically designed for all of the veteran support programs and initiatives available at GO2 Health - proudly Australia's largest veteran care clinic. You will be seeing a lot more about REFORGE as we forge ahead with our veteran care expansion.



# our founders



## Dr Kieran McCarthy

Co-owner + Medical Director General Practitioner + Ex-military

Kieran is an ex-military special operations medical doctor having five operational deployments and saw first-hand the life-altering collateral damage that can be created by serving in the defence forces.

Being a 'contemporary veteran' himself, it is his intrinsic understanding of this patient cohort, his knowledge and practice of medicine, and combined with his patience to understand the barriers to care in the DVA space, that has driven Kieran to be a champion for health and a quiet achiever, seeking better outcomes for contemporary veteran patient care and recovery.



#### **Mr Roderick Martin**

Co-owner + Managing Director

Acupuncturist + 6th Dan Karate Master

After completing a degree at the university of Adelaide, Rod is an Acupuncturist who has studied Karate for 35 years, achieving 6th Dan, Renshi, in the Japan Karate Federation Gojukai.

A leader by influence, Rod has always been about 'building community', in sport and in business. An extrovert by nature, Rod's infectious personality and enthusiasm for life is what drives positive outcomes for his team and his business.

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