



## **MEDIA RELEASE**

For immediate release

30 SEPTEMBER 2022

### **New Illawarra Ocean Swim Club launches at Coalcliff in 10 days**

Coalcliff Surf Lifesaving Club will introduce a regularly scheduled ocean swim for members at Coalcliff Beach beginning Sunday, 9 October 2022, at 11 am.

The Coalcliff Ocean Swim Club is an exciting new community initiative by the club that will be inclusive and welcome community members who want to practise their ocean swimming in a friendly environment.

“The ocean swim club is open to Coalcliff Surf Lifesaving Club members and the community with the launch of a new Coalcliff Ocean Swim Club membership category,” said James McFarlane, President of Coalcliff Surf Lifesaving Club.

There are 13 scheduled club swims, and there will be several distances for participants to choose from on the day. The club will provide full surf lifesaving support to participants wearing brightly coloured swim caps and determine the course on the day.

Coalcliff Ocean Swim Club dates are:

- October - 9, 16 & 30
- November - 13 & 27
- December - 11 & 18
- January - 29
- February - 12 & 26
- March - 12 & 23
- April - 2

The focus will be on participation rather than competition. While the swim club offers an excellent opportunity for participants, another key benefit is that it will provide Coalcliff’s patrolling members with additional regular practice throughout the season to maintain core skills and build capacity within the club. Equilibrium Healthcare proudly sponsors Coalcliff Ocean Swim Club.

For this first season, there will be a limit of 40 places. To register your interest in joining the Coalcliff Ocean Swim Club for the 2022/2023 season, please send your expression of interest to [events@coalcliffslsc.com.au](mailto:events@coalcliffslsc.com.au)



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### CONTACT

For further information, contact James McFarlane at [president@coalcliffslsc.com.au](mailto:president@coalcliffslsc.com.au) or call +61 403 827 666

### ABOUT COALCLIFF SURF LIFESAVING CLUB

For almost 100 years, Coalcliff SLSC has provided a caring and family-friendly atmosphere, emphasising surf skills and an enjoyment of the ocean rather than rigorous competition. This laid-back attitude has played a significant part in drawing new members and nippers to the club from an area that exceeds the boundaries of Coalcliff itself.

Coalcliff SLSC hosts regular ocean swim events and the annual Triple-Crown series, which is a series of events that determine the yearly Coalcliff Black Ironperson.

The club's strength, stability, and welcoming attitude have helped position Coalcliff SLSC as a significant focus of the small but gentrifying community of Coalcliff. Please come by our beautiful beach and say hello. You'll always find a friendly face.

For more information, visit [www.coalcliffslsc.com.au](http://www.coalcliffslsc.com.au)