**FOR IMMEDIATE RELEASE**

**Health and Nutrition Summit 2025: A Transformational Event for Wellness Enthusiasts and Professionals**

**Sunshine Coast, Australia – 18 February 2025** – The highly anticipated **Health and Nutrition Summit 2025** will take place on **July 26-27** on the stunning **Sunshine Coast**, bringing together some of the most influential voices in the health and wellness industry.

This **transformative two-day event**, hosted by **renowned Australian nutritionist Cyndi O’Meara** and **The Nutrition Academy**, features an esteemed lineup of **six world-class speakers**, including:

* **Jeffrey Smith** – Internationally renowned expert on GMOs and food safety
* **Matthew Evans** – Celebrated food writer, chef, and regenerative farmer
* **Dr. Michelle Woolhouse** – Leading integrative medical doctor
* **Ali Oetjen** – Wellness coach, sharing insights on mental and physical well-being
* **Richard Game** – Longevity and biohacking coach, exploring cutting-edge strategies for health and vitality
* **Kim Morrison** – Self-care advocate, speaking on the importance of holistic self-care practices

Designed to **inspire, educate, and empower**, the Summit offers cutting-edge insights into **nutrition, sustainable food practices, holistic health, longevity, and disease prevention**.

**Key Highlights:**

✅ **Expert-Led Presentations** – Learn from industry leaders on nutrition, gut health, regenerative farming, biohacking, and self-care.  
✅ **Networking Opportunities** – Connect with like-minded individuals passionate about health and sustainability.  
✅ **Practical Takeaways** – Gain actionable strategies to improve health, support environmental sustainability, and enhance personal wellness.  
✅ **Interactive Q&A Sessions** – Engage with speakers to deepen your understanding of key wellness topics.

**“The Health and Nutrition Summit is more than just an event; it’s a movement towards a healthier future,”** says **Cyndi O’Meara, Founder of The Nutrition Academy**. **“We are thrilled to bring together world-class speakers and a community of wellness enthusiasts to share groundbreaking insights and practical approaches to better health.”**

**Secure Your Spot!**

Tickets are now available with **early bird pricing for a limited time**.  
**Register now**: [Caloundra 2025 - The Health and Nutrition Summit](https://healthandnutritionsummit.com.au/caloundra2025/)

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