## **Press Release**





## OUR BEACH Written by Alison Fitzsimmons

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## Synopsis:

Discover the Magic of Nature Through a Child's Eyes.

Our Beach is an invitation to explore, wonder and connect with the natural world, with each other and with the deep interconnection that binds us all. This beautifully crafted book celebrates the joy of beachcombing, the wisdom of children and the timeless rhythms of the ocean.

Packed with creative, eco-friendly activities for explorers of all ages, it's a guide to forging deeper connections with our Earth while fostering a spirit of care and stewardship. From crafting keepsakes with treasures found on the shore to reflecting on our shared responsibility to protect the planet, *Our Beach* is a heartfelt call to honour the interconnection we share with our environment.

With every page, you'll rediscover the beauty of slowing down, treading lightly and embracing the wonder of the natural world. Whether it's an early morning sunrise, a low-tide adventure or a quiet moment of reflection, this book will inspire you to celebrate nature and nurture Earth with love and respect.

Let *Our Beach* guide you to a place where wonder meets wisdom and every small act of care strengthens the interconnection we all share.

## Author Biography:

Alison Fitzsimmons is a writer, educator and new grandmother who believes that childhood is not a race, but a rhythm. She lives with her husband and their dogs in a house with 43 steps, tucked in the rainforest of Far North Queensland. *Our Beach* is her love letter to Earth, to wonder and to the small hands that remind us how to pay attention.

Follow Alison on Instagram: @babybearschair.com.au
To find out more: babybearschair.com.au



