

# DRUNK MUMMY SOBER MUMMY



## Victoria Vanstone

PARENTING AND  
ALCOHOL-FREE LIVING  
FREELANCE WRITER AND  
INFLUENCER

### ABOUT THE BLOGGER

Victoria lives on The Sunshine Coast with three noisy children, a very patient husband and a confused dog. She has been writing about her tumultuous journey to sobriety and motherhood for 2 years. When she isn't at her computer, you can find her crying alone in the shower or hiding from her children at a local cafe whilst digging into a large slice of chocolate brownie. Victoria has just completed her book 'A Thousand Wasted Sundays' which is a Memoir about becoming an Alcohol-free parent.



### ELSEWHERE

**Victoria Vanstone**

[www.drunkmummysobermummy.com](http://www.drunkmummysobermummy.com)

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### KEY INFO

Audience

Sober and Sober Curious Mums 25-45

Website - 5000+ monthly page views

23,406+ Unique page views

500 Subscribers

650+ Facebook Likes

2500+ Instagram Followers

Published in - MamaMia, Kidspot, Mum Central, Honest Mum, The Mighty, The Sun, The Natural Parent, Parenting.com, Mom Cafe and more..

VICTORIA IS AVAILABLE ON REQUEST FOR  
PODCASTS AND FREELANCE WRITING  
PLEASE CONTACT FOR DETAILS: 0434 585707



Links to  
page  
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