

Media Release



psychology**caffe**

Child, Adult, Family Friendly Environment

Tracey Martin-Cole, Founding Director of Psychology Caffe – along with her team of mental health professionals in our local town of Latrobe, has recently been nominated as the **Psychologist of the Year**, and her team were nominated as finalists in the Australian Allied Health Awards for both **Allied Health Paediatric Team Excellence**, AND the **Allied Health Adult Team Excellence awards**.

This is outstanding recognition of their excellence in the private sector in mental health. With long waiting lists, higher demand, and a very challenging recruitment environment to meet the increased need exacerbated by COVID-19, our local services continue to shine. This is despite the challenges and the strain on resources, and the substantial toll on the health of the community, and the health professionals themselves, alongside a history of intergenerational trauma and high levels of community distress.

Tasmania has had to be innovative in its approach to supporting our local community's mental health, and along with Mel Pursell and Berndette Zeeman – who are both finalists in the **Social Worker of the Year** category, the north of Tasmania has FIVE finalists in the highly competitive Australian Allied Health Awards.

The winners of the **Australian Allied Health Awards** will be announced at the annual national Gala dinner – which was set to be in Sydney at Darling Harbour on Saturday the 25th of September – however, as with many events this is now a **Virtual GALA Event**, and so the team will be having their own dinner to celebrate in Latrobe with their colleagues across the country who have worked tirelessly during the pandemic, and numerous shutdowns, including here in northwest Tasmania.

Psychology Caffe has an outstanding reputation for clinical excellence, and the practice values and supports connection within the team to better sustain and support the community through a whole family approach, working to change children's lives for the better one child and family at a time. In addition to one-on-one and family services, Psychology Caffe hosts community forums, and is deeply committed to advocacy, workforce development and training to build capacity for mental health in the region.



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