

PRESS INQUIRIES:

Prism Light Pod

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Stream Health Brings the Most Powerful Whole-Body Red Light Therapy Device to Logan *Accelerate sports recovery and relieve chronic pain with Prism Light Pod red light therapy*

Brisbane, Australia - [Stream Health](#), Logan's athletic performance and recovery clinic, incorporates [Prism Light Pod](#) whole-body red light therapy into its wellness protocol. Prism Light Pod has won the Global Excellence Award for 2020 & 2021 for the best and most powerful whole-body red light therapy system.

“Science shows rehab and recovery can help avoid injury and improve overall performance. Taking recovery seriously can shorten the treatment time and keep patients healthier in the future,” said Anita Peckam, Owner and Musculoskeletal Therapist of Stream Health. “Our holistic approach to wellness and recovery is proactive, functional and effective. Red light sessions in conjunction with musculoskeletal and compression therapy reduces inflammation, enhances performance and accelerates the body's natural recovery process.”

World-class professional and amateur athletes use Prism Light Pod as a non-invasive and natural treatment to accelerate recovery and relieve inflammation. Sore muscle tissues, joints and ligaments are repaired 4 to 10 times faster. Prism Light Pod's full-body red-light therapy reduces pain and disorders by increasing circulation and stimulating the mitochondria of each body cell. Prism Light Pod sessions at Stream Health may be targeted toward:

- Accelerating performance & sports recovery
- Improving wound & injury healing
- Relieving arthritis & joint pain
- Reducing chronic pain, neuropathy & disorders
- Promoting anti-aging & skin conditioning
- Naturally speeding weight-loss



“Prism Light Pod is delighted to bring the wellness potential of whole-body red light therapy to Brisbane,” said Karl Chen, Founder & CEO of Prism Light Pod. “Red light working in conjunction with Stream Health's musculoskeletal therapy will improve skeletal function and promote natural pain management to the athletes at Cornubia Sports Complex and the surrounding community.”

For more information about Stream Health, visit:

<https://www.streamhealthcompany.com/prism-light-pod>

About Stream Health

Stream Health is [Cornubia Park Sports Centre](#)'s premier recovery clinic, combining health benefits of red light therapy with the expertise of Anita Peckham, (BHSc) Myotherapy/Musculoskeletal Therapy. Anita works with her patients to prevent injury and improve performance. Red light therapy will supplement Anita's expertise by accelerating recovery and rehabilitation to support a healthy, active, pain-free life. To learn more about the services offered at Stream Health, visit: <https://www.streamhealthcompany.com/about>

About Prism Light Pod

Founded in 2017, Prism Light Pod manufactures and sells its [award-winning](#) full-body red light therapy systems for performance recovery, pain management, weight-loss and anti-aging. Prism Light Pod is headquartered in Denver, CO and distributes its products worldwide. Prism Light Pod was awarded the prestigious Global Excellence Award two years in a row for the [Most-Powerful Full-Body Red Light Therapy System](#) and the *Best Red Light Therapy Device*. For information about Prism Light Pod, visit: www.prismlightpod.com