

Press Release

Health technology company Found—Space, empowers customers with wellness spaces at home.

[Found—Space](#), (formerly iHealth Saunas) helps customers to recreate their home spaces with state-of-the-art infrared home saunas and wellness accessories that support health and wellbeing.

Through transformative technology and deeply therapeutic products, [Found—Space](#) helps you find alignment and wellness in your own home, using infrared sauna as the tool to evoke a sense of bliss.

Found—Space has five sauna styles; [City Compact](#), [Premium Range](#), [Full Spectrum](#), [The Lite Range](#), [Outdoor Barrel](#), and [The Smart Sauna](#) - the world's first digitally connected infrared sauna. All Found—Space saunas are built to Australian Electrical Safety Standards.

The range caters to all home (and relevant commercial) environments including the City Compact for apartment living. All the designs are contemporary with clean lines and glass, colour therapy, halo lighting and bluetooth connectivity. Found—Space saunas offer an experience of spaciousness and tranquility, safety and sacredness, allowing you to just be.

Let wellness at home become a ritual and keep well from the inside out. Harmonise your mind, body, heart and soul with a deeply nourishing, relaxing and transformative experience that will leave you relaxed, nurtured and empowered.

Infrared Saunas work by heating the body directly with infrared light, penetrating deep within your skin, muscles and cells, to create a cardiovascular workout while removing toxins from the body. Infrared can offer support to a range of chronic

conditions and improve skin health, immunity, sleep, muscle recovery and detoxification. Found—Space saunas provide the perfect space for daily relaxation and meditation, to support stress management.

Starting as iHealth Saunas in 2008, Found—Space is the longest running infrared sauna company in Australia. In 2021 founder Alex Tyson, guided the company into a new chapter by evolving the brand to one of the most empathetic and progressive in the industry.

“More than ever before people are working and working out from home. Found—Space can help you achieve work/life balance. We live our lives on a constant rollercoaster with our physical and mental energy running up and down. Taking time out to nurture our body and mind is no longer a luxury - it's a crucial aspect of maintaining good health.” Tyson comments.

Found—Space is building a business for the future with the intention of capturing a gap in the market and shifting towards a purpose lead company. As a movement brand, Found—Space aims to lead society into a new way of wellness at home. This will be done through the expansion of their product offering, beyond premium sauna and accessories, to enhanced wellness technology and a Smart Sauna App - the first sauna controlled from your smartphone.

Found—Space provides your body and mind with the space to reconnect back to self. Welcome to Found—Space. Welcome home.

- END -

For High Resolution Found—Space imagery, [click here](#).

To schedule an interview with Founder Alex Tyson, please contact:

Kate Forrester

kafandco

kate@kafand.co

+61 447 128 783