

FOR IMMEDIATE RELEASE

Dream Life Introduces the *Dream Life Money Planner Journal* to empower women to take control of their finances.

Melbourne, Australia – 6th June 2023

Dream Life, the new creation of kikki.K Founder Kristina Karlsson, is all about helping people create a life they love – and excited to announce the release of their latest product, the *Dream Life Money Planner Journal*.

Designed to inspire and empower women to take control of their finances, this unique paper journal offers a transformative approach to money planning.

Kristina Karlsson, the visionary founder of *Dream Life* and renowned for her creation of kikki.K, introduces the *Money Planner Journal* as the perfect tool to embark on a financial journey with simplicity and purpose.

"There's something truly powerful about seeing things in front of you on paper," says Kristina. "Filling in the simple prompts in this journal is a great place to start before even thinking about spreadsheets."

What sets the *Dream Life Money Planner Journal* apart from digital alternatives is its exceptional value as a tangible companion in your financial transformation. Curated in collaboration with Molly Benjamin, the wonderful founder of *Ladies Finance Club*, this journal provides women with a comprehensive roadmap to achieving financial stability and independence.

Molly Benjamin, the driving force behind the Money Planner Journal's content, highlights its unique benefits: "For anyone who feels a bit out of control with their money or their spending, this journal is a game-changer. It simplifies the process and allows you to take it with you anywhere, whether it's to the beach or your favourite cafe."

The *Dream Life Money Planner Journal* offers a range of key features that make it an essential tool for anyone seeking to improve their financial well-being:

- 1. **Confront Your Current Money Beliefs**: The journal guides you to reflect on your money beliefs, empowering you to make informed decisions and develop healthy financial habits.
- 2. **Easy-to-Use Prompts**: Simply follow the prompts and guidance provided to gain clarity on your income, expenses, and financial goals. It's designed to make the process seamless and enjoyable.
- 3. **Feel Empowered and In Control**: Gain a strong handle on your finances and alleviate the stress and guilt often associated with money matters. With this journal, you'll feel more in control and worry less about unexpected expenses.



4. **Personalized and Beautifully Designed**: The Dream Life Money Planner Journal offers 18 different cover designs and colours to choose from. Make it uniquely yours or present it as a thoughtful gift.

Kristina Karlsson emphasizes, "Having everything in one place as you start the process of getting on top of your finances is so simple and useful. This journal is a brilliant way to get started and cultivate a positive relationship with money."

The Dream Life Money Planner Journal is now available for purchase at the Dream Life online store www.thedreamlifestore.com/collections/ladies-finance-club-x-dream-life-collab With a choice of hardback or spiral bound cover and luxurious 100 gsm paper, this A5-sized journal offers exceptional quality while minimizing environmental impact.

Dream Life uses environmentally responsible paper that is FSC Recycled certified, ensuring a product that is both eco-friendly and beautiful.

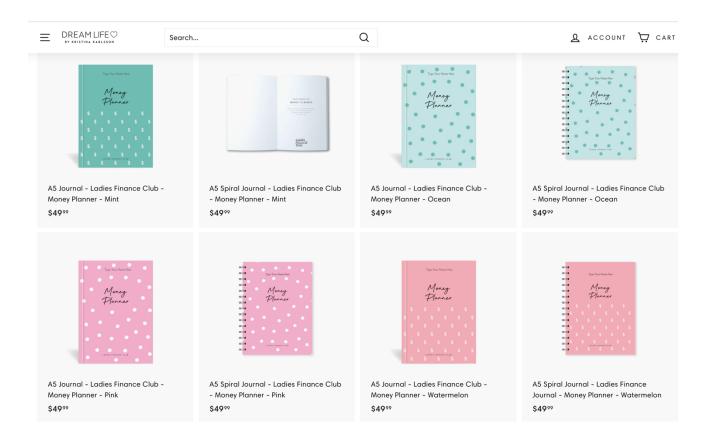
Dream Life invites you to discover the transformative power of the *Money Planner Journal* and share its benefits with your audiences.

For more information and images, please visit the Dream Life website <u>www.thedreamlifestore.com</u> or contact Paul Lacy at paul@yourdreamlifestartshere.com or +61 407214 782.

About Dream Life:

Dream Life is the creation of Kristina Karlsson, and is on a mission to inspire and empower millions of people to live their dream lives, whatever that means to them.







Molly Benjamin, founder the Ladies Finance Club



WELCOME TO YOUR NEW MONEY PLANNER JOURNAL



find more inspiration at thedreamlifestore.com



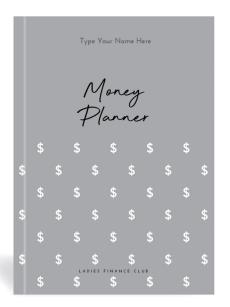
AND HELP GIVE YOU A GOOD HANDLE ON YOUR FINANCES!

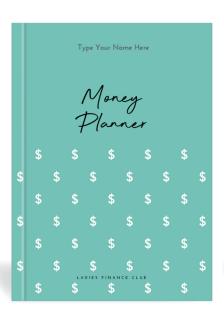


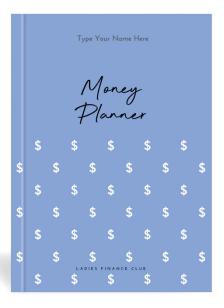
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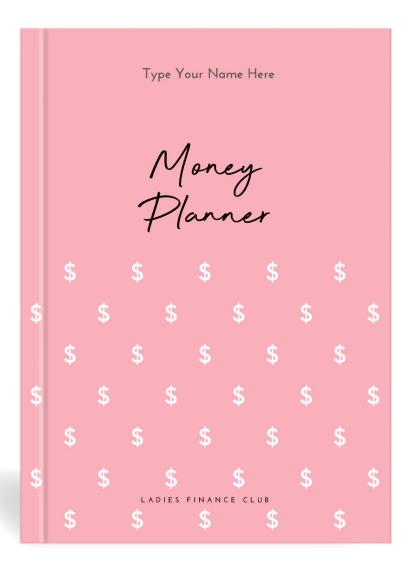
YOUR MONEY BELIEFS	
MY FINANCIAL FUTURE IS	MY MONEY HABITS ARE BEST DESCRIBED AS
F I MADE MORE MONEY MY FAMILY WOULD BE	TALKING ABOUT MONEY WITH FRIENDS MAKES ME
NY BIGGEST FEAR AROUND MONEY IS	WHAT I THINK IT WOULD TAKE ME TO FEEL FINANCIALLY SECURE?
THINK RICH PEOPLE ARE	
WHAT FINANCIAL SUCCESS MEANS TO ME?	Now, a big part of changing your money beliefs includes forgiving yourself for past money mistakes – look you were doing the best you could with the knowledge you had. I had to forgive myself and it was tough, I was so angry at myself for how much money I had wasted. So I wrote a letter to money to let it know how I felt. So you might want to try this as well. Dear Money













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Money Planner										
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