

LAWRENCE MOONEY SET TO EMBRACE HUMAN LIMITATIONS IN HIT STAND-UP SHOW

Reformed self-help addict **Lawrence Mooney** is set to tour around Australia with his hit new show that will take aim at self-appointed, self-aggrandising self-help gurus who have failed him in his quest for enlightenment and happiness.

Are you sick of the world? Are you tired of your own bullshit? Lawrence will help you quit, embrace your inner loser and win at life. Based on his anti-self-help book, *Embracing Your Limitations* his live show will transform your life through his trademark comedy.

Embracing Your Limitations Live will be performed in **Sydney, Melbourne, Brisbane, Perth, Canberra, Wollongong and Newcastle.**

Lawrence's show will teach you that it's only through stopping and quitting that you can succeed and be happy. We've been told to reach for the stars, to think big and follow our dreams since we were children. What a crock!

Most of you don't have the talent, intelligence, or wherewithal to come close to your dreams, so stop torturing yourself. The finish line is the same for everybody: death. So why waste life rushing towards it? Instead start *Embracing Your Limitations*, forgetting your dreams, and actually living your life.

Embracing Your Limitations Live is the follow up to Lawrence's smash hit show, *Beauty* which has toured Australia to full houses and accolades.

What are you waiting for? Embrace Your Limitations and join Lawrence Mooney for a night of laughs.

Lawrence Mooney is a stand-up comedian, radio broadcaster and television host, widely regarded by fans and peers as one of Australia's funniest.

***'A terrific hour of stand-up from an instantly likeable storyteller.. a standout'* ★★★★★ The Advertiser 2023**

***'Throw out all your other self help books, stop following the latest fad diet and life-styles, and instead get a ticket to see the Guru Lawrence Mooney...a master of comedic timing'* ★★★★★ ½ Glam Adelaide 2023**

***'thanks to Mooney's expert comedic timing, you'll be laughing too much to realise the true depths of your despair.'* ★★★★★ Time Out 2023**

MEDIA AND PROMOTIONAL OPPORTUNITIES

A-LIST ENTERTAINMENT

CONTACT: Karen Laing Ph: 02 95 600 600 E: karen@alist.com.au

MEDIA RELEASE

STAND-UP COMEDY



Lawrence will be performing at:

WENTWORTHVILLE	Wenty Leagues	Saturday 7 October
WOLLONGONG	Fraternity Club Fairy Meadow	Thursday 12 October
ROOTY HILL	Lone Pine Tavern	Friday 13 October
BRISBANE	Sit Down Comedy Club	Saturday 14 October
DEE WHY	Dee Why RSL Club	Sunday 15 October
MOORE PARK	The Comedy Store	Friday 20 October
BELMORE	Canterbury League Club	Sunday 22 October
GEELONG	The Sphinx	Thursday 26 October
MELBOURNE	The Comics Lounge	Friday 27 October
MELBOURNE	The Comics Lounge	Saturday 28 October
PERTH	The Comedy Lounge	Sunday 5 November
MENAI	Club Central Menai	Friday 17 November
NEWCASTLE	The Exchange Hotel	Wednesday 22 November
CANBERRA	The Basement	Thursday 23 November
MOUNT PRITCHARD	Mounties	Friday 24 November
CARINGBAH	Highfield	Sunday 26 November
LIVERPOOL	Liverpool Catholic Club	Friday 1 December
NORTH RYDE	North Ryde RSL Club	Saturday 2 December

Tickets: \$42-\$49 * transaction or booking fee may apply
On sale now at lawrencemooney.com

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