# OSVi Sports Injury Emergency Clinic: Revolutionising Sports Injury Management and Reducing Ambulance and Hospital ED Wait Times

**Melbourne, Victoria, May 2024** – The newly launched OSVi Sports Injury Emergency Clinic is setting a new standard in sports injury management, offering a comprehensive, streamlined pathway for rehabilitation and return to play. This innovative approach ensures patients receive coordinated care from initial assessment to full recovery, optimising outcomes and minimising downtime.

The clinic also contributes to reducing ambulance and emergency department wait times by offering specialised care for sports-related injuries that do not require ED intervention.

#### Streamlined Rehabilitation and Return to Play Pathway

The OSVi Sports Injury Emergency Clinic has developed a structured pathway for patients, ensuring they receive the best possible care at every stage of their recovery:

- **Initial Assessment and Treatment**: Patients with acute sports injuries, including severe ankle sprains, serious knee and shoulder injuries, fractures, open wounds, facial injuries, dislocations, and minor head injuries, are promptly triaged and evaluated by a specialist sports clinician.
- **Advanced Diagnostics**: Utilising state-of-the-art diagnostic tools, the clinic ensures accurate and timely identification of injuries, allowing for precise treatment plans.
- **Specialist Referrals**: If necessary, patients are referred to orthopaedic surgeons or other specialists for further evaluation and potential surgical intervention.
- **Personalised Rehabilitation Plans**: The clinic's physiotherapy team develops personalised rehabilitation programs tailored to each patient's specific needs for non-surgical injuries.
- Ongoing Monitoring and Support: Throughout the recovery process, patients receive continuous monitoring and support to ensure optimal healing and progress.

### **Helping Reduce Wait Times**

The OSVi Sports Injury Emergency Clinic is dedicated to managing a range of sports injuries that do not require immediate surgery. This targeted approach allows ambulance services to prioritise more critical emergencies and reduces congestion in hospital EDs. As a result, patients with sports injuries experience shorter wait times and receive specialised care more quickly.

#### **Comprehensive Injury Management**

The OSVi Sports Injury Emergency Clinic provides comprehensive care for various acute sports injuries, including:

- Soft Tissue Injuries: Treatment for severe ankle sprains, serious knee and shoulder injuries.
- Fractures: Management of broken bones that do not obviously require urgent surgery.
- Wounds and Bruises: Care for open wounds, abrasions, and haematomas.
- **Facial Injuries**: Treatment for eye and nose injuries; oral injuries are treated, with some dental cases referred to acute dental care.
- Dislocations: Management of dislocations of fingers, toes, kneecaps, and shoulders.
- **Head Injuries**: Treatment for minor head injuries and concussions.

## **About OSVi Sports Injury Emergency Clinic**

The OSVi Sports Injury Emergency Clinic offers immediate, specialised care for sports injuries. By focusing on this specific area of healthcare, OSVi ensures that athletes and active individuals receive timely and effective treatment, enabling quicker recoveries and a faster return to activity.

For more information, please visit: <a href="https://osvi.com.au/sportsinjuryemergencyclinic/">https://osvi.com.au/sportsinjuryemergencyclinic/</a>

## **END**

By addressing the growing need for specialised sports injury care, the OSVi Sports Injury Emergency Clinic plays a vital role in reducing the burden on emergency medical services and hospital EDs, ultimately enhancing the healthcare experience for all.